

### **Letter from the Director, Holly Woods**

With spring's arrival, many families begin exploring senior care options for their aging loved ones. With warmer weather and longer days, this season presents an ideal opportunity to explore assisted living communities and make informed decisions about future care. It is the perfect time for families to explore senior living communities for their loved ones before the summer travel and holiday season is upon us.

Azalea Estates of Fayetteville is home to our residents who daily get to enjoy springtime weather. Our front porch invites our residents to sit, sip lemonade, and enjoy conversations with each other. We have walking paths, raised garden beds, and beautiful courtyards to enjoy.

Wishing you a beautiful spring,

#### **Holly Woods**

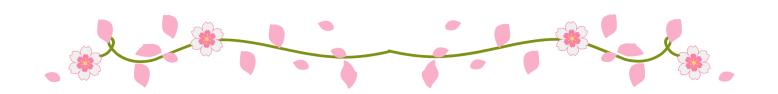
Executive Director
Azalea Estates

# Spring Cleaning Tips for Older Adults: Making A House Safe for Aging Loved Ones

For caregivers and other relatives of adults who are aging at home, spring cleaning is a way to create a safe space, re-evaluate the living situation after a long winter spent mostly indoors, and make sure that the coming months are as happy and healthy as possible. Here are some spring cleaning tips for older adults that go beyond dusting and vacuuming.



Read More



## **Spring Is In The Air**

At Azalea Estates, our residents are already planning the garden in our backyard. We have a local Boy Scout Troop coming the first of April to clear out the raised flower beds and fill with soil. Many residents will spend time everyday in the gardens for all to enjoy.

## **The Azalea Estates Garden**



Watch Video



One of our long-time residents, Margie Williams, has a green thumb and heads up the vegetable and flower choices.



#### **Spring Crossword Puzzle**

Transitioning to Senior Living
Communities

This spring-themed 29-clue crossword puzzle is an engaging and fun way to keep your brain busy this month! Here's a comprehensive guide to help make thtransition smoother and more

Do The Puzzle



## Moving Tips and Downsizing for Older Adults Transitioning to Senior Living Communities

Transitioning from a long-time home to a senior living community can be a significant life change for older adults. Here's a comprehensive guide to help make this transition smoother and more manageable.

Read The Article

#### **Our Two Bedroom Deluxe Floor Plan**

From comfortable studios to two-bedroom with two-baths, our homes in Marietta, GA, are beautiful and well-appointed. The apartments offer you all of the comforts of home and a lot more in the way of services and conveniences.



View All of Our Floor Plans

## Visit us on Facebook and tell us how you plan to welcome spring!





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